



## JC'S Catering for Healthy Kids Menu - 2022



Order Online by downloading  
Flexischools App  
**ORDERS MUST BE PLACED BY 9.30am**

### HOT FOOD

Hot Dog	\$ 4.50
Mash & Gravy	\$ 4.00
Chicken Burger	\$ 5.00
Meat Pie	\$ 4.00
Sausage Roll	\$ 4.00
Party Pie	\$ 1.20
Dim Sim	\$ 1.20
Wedges	\$ 4.80
Spaghetti	\$ 5.00
Nuggets	\$ 1.00
Pizza	\$ 4.50
(Margarita/Hawaiian/Meat Lovers)	
Noodles	\$ 1.50
(Chicken/Mi Goreng)	
Quiche	\$ 4.50

### SNACKS

Popcorn	\$ 1.00
Red Rock Deli Chips	\$ 2.50
(Honey Soy / Sweet Chilli & Sour Cream)	
Snaps Chips	\$ 1.50
(BBQ / Light & Tangy)	
Muffins	\$ 1.00

### DRINKS

Chill J	\$ 2.50
Raspberry/Grape/Watermelon	
Juice Bomb	\$ 2.50
Apple Raspberry/Grape/Watermelon/Apple Blackcurrant/ Orange Passio	
Nippy's Milk	\$ 3.00
Chocolate/Strawberry	
Focus Sportswater	\$ 2.50
Raspberry/Blackcurrant	
Water	\$ 2.00

### MEALS

Chicken Schnitzel / Chicken Parma / Quiche / 3 Nuggets  
(Choice of salad or mash and vegies) \$7.00 each

### SANDWICHES, ROLLS & WRAPS

	Sandwich	Roll
Vegemite	\$ 2.50	\$ 3.00
Cheese	\$ 3.00	\$ 3.50
Ham & Cheese	\$ 4.00	\$ 4.50
Salad	\$ 5.00	\$ 5.50
Egg & Lettuce	\$ 4.50	\$ 5.00
Chicken & Cheese	\$ 5.00	\$ 5.50

\* Add 80c to sandwich price for wraps

Hard Boiled Eggs	\$ 1.20
Salad box with cheese	\$ 5.00
Fresh seasonal fruit	\$ 1.20

### EXTRAS

Tomato Sauce	\$ 0.30
Gravy	\$ 0.40
Sour Cream	\$ 0.40

Class Celebration cupcakes	\$ 25.00
Class Celebration Zooper Doopers	\$ 20.00

### FROZEN TREATS

Zooper Dooper	\$ 1.00
Moozie	\$ 1.60
TNT	\$ 1.50
Juicee	\$ 1.50

\* The Canteen is open before school, recess and lunchtime

\* To order write your child's name and grade on a paper bag with money inside or order online via Flexischools App  
(LUNCH BAGS ARE NOT PROVIDED AND ARE AN ADDITIONAL 20c)

All packaged products are approved by the Healthy Kids Registered Products  
Fresh food items are in premises